



# Kingston High School Community Prevention and Early Intervention Program

[www.den.org.au](http://www.den.org.au)  
drug education network



# Drug Education and Schools

## Curriculum

Knowledge and skills based practice

**Challenging cultural practice and beliefs**

Reducing stigma



How does the AOD school curriculum sit with this type of prevention program?



# Health and Physical Education Curriculum

## Years 7-8

Developing coping and assertive skill communication,  
problem solving and refusal skills

Whom to ask for help with their own and others health?



# Physical Health and Educational Curriculum

## Years 9-10

Judge whether sources of health information are reliable and useful

Draw upon the students motivation, persistence and confidence when faced with challenges

Understand positive relationships and what to do when a relationship is not respectful



# Tackling stigma related to drug addiction



Schools, in practice, become a communication system for legitimised cultural practices and beliefs

Programs such as the KHS Quit Support Program reduce the stigmatisation of addiction and begin the process of shaping new cultural practices and beliefs



# Protective Factors

Evidenced in reducing the uptake of drug use  
and in reducing misuse of drugs

*National Institute of Drug Abuse*

Neurological pathways of social pain and physical pain  
are for most part identical

*M. Leibermann, N. Eisenberger*

*Using drugs to medicate for social pain?*






# The act and practice of kindness

## The giving and receiving of support

These practices and intents underpin the KHS prevention and early intervention program

Role modelling, by teachers and students, the act of kindness creates a successful and effective prevention and early intervention initiative





The KHS model could be used successfully to address a number of alcohol and other drug issues in small communities



# Kingston High School Quit Support Program

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