



Alcohol, Tobacco & other  
Drugs Council Tas Inc.

## Latest news from the ATDC

11 April 2013

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### From the CEO's desk

#### Welcome

**For those of us working in the alcohol and other drugs prevention, treatment or policy areas, it is unfortunately no surprise when reports are released that confirm the enormous economic costs to our communities of the misuse of alcohol.**

Last week the Australian Institute of Criminology published "*Trends and Issues No 454*", a report by Matthew Manning, Christine Smith and Paul Mazerolle, titled "*The societal costs of alcohol misuse in Australia*". ([Click here to view the article](#))

This research examined the direct societal costs of alcohol misuse, (estimated to be about \$14,352b) and which equates to more than double the total alcohol related tax revenue received by the Commonwealth of \$7.075b. In making this estimate of the costs the researchers included costs to the criminal justice system, costs to the health system, costs resulting from lost productivity and costs included with respect to alcohol-related road accidents.

So what does this mean for the AOD sector? I would have to agree with the authors conclusions that the implications for policy makers and funders suggest it is high time for additional budget and resources from alcohol-related tax revenue to be directed to prevention and treatment programs. Whilst hypothecation of taxes is not a new suggestion in this area, the impetus for change has not been acted upon. Perhaps this compelling economic analysis will assist governments in developing more effective policy to address the harms caused by alcohol and other drugs? It's just one of the questions that must be addressed by those seeking to represent us in Canberra after the September 2013 election.

Jann.

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## Community Engagement

### Consumer Engagement Program

**The Consumer Engagement Program now has a Consumer Register. The Consumer Register is a list of people with experience of substance use who have contacted Advocacy Tasmania because they are interested in becoming more actively involved in the development and delivery of ATOD services. The register also lists particular areas of the consumer's interest.**

If you have a project or development, which would benefit from consumer input, and you would like some assistance in recruiting participants, please contact Tanya on 62242240 or [t.zollner@advocacytasmania.org.au](mailto:t.zollner@advocacytasmania.org.au)

To protect the privacy of consumer participants we will contact and recruit people on your behalf.

If you know of consumers who would be interested in registering please encourage them to call Tanya on the above number or email [consumervoices@advocacytasmania.org.au](mailto:consumervoices@advocacytasmania.org.au)

Tanya Zollner

[t.zollner@advocacytasmania.org.au](mailto:t.zollner@advocacytasmania.org.au)

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### Drug Action Week Update

**There are only 6 events registered on the Drug Action Week website for Tasmania! Come on Tassie, we need to lift our game! There are so many ideas out there for great DAW events such as, hosting a BBQ, opening your service to friends and family of service users, organising a training day for staff etc. Be creative! [Register your event now on the DAW website.](#)**

#### FILM SCREENING

The ATDC will be hosting the first Tasmanian screening of "The House I Live In", a documentary about the war on drugs in America and the implications of US drug policy.

[Click here to view the trailer.](#) The screening will be on Wednesday 19 June, stay tuned for more information. Contact Ella for more information by email: [ellah@atdc.org.au](mailto:ellah@atdc.org.au)

## ATOD AWARDS

The Tasmanian ATOD Awards ceremony will be held during Drug Action Week. The afternoon tea will see each of the award recipients announced and recognised for their contributions to the Tasmanian ATOD sector. For more information or to nominate someone for one of these awards contact Lynne by email:

[lynnem@atdc.org.au](mailto:lynnem@atdc.org.au)

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## Information for Families Booklet from Anglicare Tasmania

**A booklet of practical information has been produced to assist Tasmanians who discover a family member is using alcohol or other drugs. The publication was produced with financial assistance from Clarendon Children.**

The booklet encourages people to seek support as early as possible, rather than waiting until things reach crisis point. Support can come from a trusted friend, a counsellor or other professional, or a family support group.

The new publication details how to communicate with a family member in a constructive and effective way: choosing the right moment, being non-confrontational and non-judgmental, listening attentively, setting boundaries and exploring ways of moving forward.

The booklet emphasises the importance of good communication, personal boundaries and taking care of your own health and well-being. It also explains the different types of treatment options and details the role of detoxification units, residential rehabilitation centres, counselling, pharmacotherapy treatment and peer education and self-help groups.

To obtain a copy of the booklet or to find out more about support services contact Anglicare on 1800 243 232. An electronic copy of the booklet is available by [clicking here](#).

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## 2013 Aboriginal & Torres Strait Islanders Music Competition

**The National Cannabis Prevention and Information Centre (NCPIC) Aboriginal and Torres Strait Islander Music Competition gives Indigenous people the opportunity to showcase their creative talent and express their ideas about cannabis and its harmful impact on their communities.**

Download an entry form at [www.ncpic.org.au](http://www.ncpic.org.au) Entries close 4 October 2013

**For more information:** phone (02) 9385 0218 or by email [info@ncpic.org.au](mailto:info@ncpic.org.au)

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## Tasmanian Alcohol, Tobacco and Other Drugs Awards

**The ATDC invites you to identify, acknowledge and celebrate a colleague, whose professionalism and outstanding practice deserves recognition and reward, by nominating them for the 2013 Tasmanian Alcohol, Tobacco and Other Drugs Awards.**

Awards will be presented at an afternoon tea on 17 June in The Long Room, Parliament House in the categories of:

- Excellence in Alcohol, Tobacco and Other Drug Work
- Early Career
- Outstanding Contributions
- Emerging Researcher Award

[Click here for the Awards Nomination Package](#)

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## Sector Update

### State Grants to Address Barriers to Employment

**People experiencing barriers to participation in vocational education and training (VET) or employment will benefit from a \$375,000 equity grants program advertised today.**

The Minister for Education and Skills, Nick McKim, said registered training organisations, VET-related businesses and community service organisations were eligible to apply for funding of between \$5000 and \$20,000 under Skills Tasmania's Equity Support Small Grants Program 2013-14.

"The State Government is committed to providing people with better opportunities, and these grants will help people overcome barriers to finding employment.

"People can experience barriers to finding work or getting a job because of a number of factors including low income, low language and literacy levels, long-term unemployment and regional disadvantage," Mr McKim said.

"These grants are for organisations that run programs to overcome these kinds of barriers.

"Projects may involve Aboriginal and Torres Strait Islander people, people with a disability, people with mental health issues, migrants and humanitarian entrants, prisoners and women with barriers to participation in education and training.

"Projects with relevant community partnerships and innovative approaches or projects conducted in rural and remote regions for specific target groups will be viewed favourably, Mr McKim said.

The grants were advertised in Tasmania's three daily newspapers on Saturday 6 April 2013.

Grant guidelines, including information and eligibility criteria and application forms are available on the Skills Tasmania website: [www.skills.tas.gov.au/funding/equitysupportsmallgrants](http://www.skills.tas.gov.au/funding/equitysupportsmallgrants)

### **Applications close on Wednesday 1 May 2013**

For more information phone 6233 7115 or email: [marion.wilcox@skills.tas.gov.au](mailto:marion.wilcox@skills.tas.gov.au)

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## **Joint Forces - Call for Articles**

**Have you started a collaborative partnership that is working really well? Has your organisation implemented a new process or policy to better work with clients with co-existing and complex needs? Do you have a worker in your organisation that has excelled in the sector recently?**

If you can answer yes to any of these things, we want to hear from you! JointForces is a collaborative newsletter compiled by the Alcohol, Tobacco and other Drugs Council and the Mental Health Council of Tasmania, to highlight the brilliant working happening across the Mental Health and ATOD sectors.

The ATDC and MHCT are currently collating information and articles for the fourth edition of JointForces.

We invite you to submit an article for publication to be distributed on Tuesday 30 April that highlights some of the brilliant work you are involved in. Anyone working in the ATOD, Mental Health, Housing, Criminal Justice, Youth or related Community Sectors is invited to submit an article showcasing the work you are doing to improve the way you effectively identify and treat co-existing mental illness and substance misuse issues. The idea of the newsletter is to celebrate collaboration across the sectors and promote the wonderful work that is being done.

Please include images and logos to make your article stand out and a catchy title. All submitted articles should be signed off by the organisation prior to submission.

Articles should not exceed 250 words and may be edited to fit into the newsletter.

Articles and ideas can be sent to Amanda - [amandas@atdc.org.au](mailto:amandas@atdc.org.au) or Elida - [policy@mhct.org](mailto:policy@mhct.org) on or before Thursday 18 April 2013.

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## **Certificate IV in Alcohol and Other Drugs available statewide for jobseekers**

**The ATDC has worked with the Tasmanian Polytechnic to successfully apply for 20 places statewide in the Certificate IV in Alcohol and Other Drugs for jobseekers.**

This year long program will be offered in Hobart, Burnie and Launceston and will involve approximately 18 hours per week of structured activities, plus assessments. A work placement in early 2014 will provide the

opportunity to demonstrate practical application of knowledge and skills learned in the course.

The training is fully subsidised by Skills Tasmania.

For more information and to register interest, [click here](#).

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## Tasmanian Training Awards

**Are you close to finishing, or recently finished, a vocational qualifications (eg Certificate IV or Diploma) that is enabling you to achieve higher standards in your work?**

Is your organisation demonstrating excellence in the way in which it involves employees in vocational training?

Have you considered nominating for one of the individual or organisational Tasmanian Training Awards which annually recognise excellence in these areas?

*The Awards offer finalists the chance to gain personal satisfaction and opportunities in their industry, as well as the prestige of being part of an elite group of placegetters who unequivocally represent the State's best in vocational education and training.*

[Click here for more information](#)

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## Specialist Aged Persons Mental Health Unit now open for referral

**Dr Joanna Bakas, Old Age Consultant Psychiatrist is now working full time with The Hobart Clinic to lead our new service for older adults with mental health issues.**

Dr Bakas is a Fellow of the RANZCP Faculty of Psychiatry of Old Age and the International Psychogeriatrics Association and specialises in depression, anxiety, grief, bipolar disorder and late onset psychosis in older adults.

The Tasmanian Aged Persons Mental Health Service (TAPMHS) is a new division of The Hobart Clinic and provides specialist treatment and care for older adults. TAPMHS consists of:

- Specialist 8 bed unit for older adults
- Inpatient and community therapy programs
- Transitional care offering individual follow up
- Individual outpatient follow up

Dr Bakas has been working for the past 5 years in the public sector, Older Persons Mental Health Service. She will be joined by Dr Alison Cleary, Geriatrician and Dr Nick Falk, Clinical Psychologist.

## Accepting referrals from 2 April 2013

**Contact:** Ellen Waugh, Nursing Services Coordinator (Triage Nurse)

**Phone:** 03 6247 9960

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## Upcoming Training, Events & Conferences

### The ATDC and The Skills Institute - subsidised training

#### Certificate IV in Alcohol and Other Drugs for current staff

The Alcohol, Tobacco and other Drugs Council Tas Inc, in conjunction with The Skills Institute, has been successful in its submission for funding to offer a limited number of places in the Certificate IV in Alcohol and Other Drugs to workers statewide.

The cost of this course is 85% subsidised by the Skills Fund. The expression of interest form for workers is [available here](#). Email completed forms to [Lynne Maher](#).

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#### Diploma of Community Services (Alcohol, Other Drugs and Mental Health) for current staff

The Alcohol, Tobacco and other Drugs Council Tas Inc, in conjunction with The Skills Institute, has been successful in its submission for funding to offer a limited number of places in the Diploma of Community Services (Alcohol, Other Drugs and Mental Health) places for workers.

The cost of this course is 85% subsidised by the Skills Fund. The expression of interest form for workers is [available here](#). Email completed forms to [Lynne Maher](#).

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#### Alcohol, Tobacco and Other Drug Skill Sets

The Alcohol, Tobacco and other Drugs Council Tas Inc, in conjunction with The Skills Institute, has been successful in its submission for funding to offer a limited number of places in the following skill sets for existing workers. Dates are to be confirmed, but expressions of interest may be submitted [using the form here](#). Please email the completed form to [Lynne Maher](#).

	Hobart	Devonport
Translating research into practice	?	
Relapse prevention	?	?
Community focused promotion and prevention strategies	?	?

As fewer places for both skill sets and qualifications for have been funded than we anticipated, priority will be given to members from ATDC organisations whose client practice will be improved through participation in this subsidised training.

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### ATDC 2013 Comorbidity Symposium - SOLD OUT!

The Alcohol, Tobacco and other Drugs Council 2013 Comorbidity Symposium is fully SOLD OUT!

**When:** Tuesday 7th May 2013, 9am - 4pm

**Where:** Hotel Grand Chancellor, Hobart

You can still register your interest and be placed on the waiting list by going to the EventBrite page-

<http://comorbidity2013.eventbrite.com.au>

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## Wesley LifeForce Suicide Prevention 6hr Workshop - Glenorchy TAS

**Wesley LifeForce**

**Tuesday, 23 April 2013 from 9:00 AM to 4:00 PM (EST)**

**Glenorchy, TAS**

### Suicide prevention training

Informed by the latest research in suicide prevention, Wesley LifeForce training equips participants with a variety of skills such as managing suicidal crisis, understanding risk and protective factors, as well as how to recognise potential warning signs. We offer both full-day workshops and half-day seminars. Our programs are aimed at training individuals from all walks of life, as well as organisational groups.

### The training

Wesley LifeForce has developed quality suicide prevention training. Our Suicide Prevention Workshop is designed to teach people how to identify the signs that someone may be at risk of suicide and appropriate action to take. Simple effective interventions can make a real difference and save lives. All Wesley LifeForce facilitators are accredited trainers and have completed suicide intervention training. Many are also accredited counsellors.

All workshop material is specifically designed with participant's safety in mind. Our course material is vetted by MindFrame - an Australian Government body which provides expert advice to the Suicide Prevention Sector on responsible reporting/portrayal of the issue of suicide.

### The outcomes:

- understand risk and protective factors
- how to identify the warning signs that someone may be at risk of suicide
- how to ask directly about suicide intent.
- understand what local and national support and resources are available to support a person at risk.

To register for this workshop please [click here](#).

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## ADF Seminar and Free Online Webinar: New and emerging drugs

**New recreational drugs are emerging at an unprecedented rate and represent one of the biggest challenges in the alcohol and other drug field for 2013.**

The Australian Drug Foundation's latest prevention seminar will examine how clinicians, allied health and



youth workers, researchers and policy makers can respond to the questions arising from this phenomenon.

The seminar takes place on Tuesday 30 April from 9am to 12.30pm in the State Library of Victoria. It will also be broadcast as a free online webinar for those unable to attend the seminar in Melbourne.

Visit <http://www.adf.org.au/programs-services> for further information and registrations

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## The Neuroscience of Caregiving: A two day workshop with Dr Dan Hughes (USA).

**If you want to know more about working with children and adolescents with attachment/trauma disorders, this training is not to be missed!**

Dan Hughes has been the primary influence in equipping me with the skills and confidence to work with even the most aggressive and disturbed young people. Dan's approach is called Dyadic Developmental Psychotherapy. It involves working with the child/adolescent and a stable attachment figure together (a parent or caregiver or a youthworker). Using this approach has enabled me to help many children and teenagers recover from attachment disorders and resume normal life. It works!

Dan will be in Hobart for a 2 day training session on 13th and 14th June 2013, auspiced by ACF. I highly recommend this training for counsellors, youthworkers, family workers, refuge workers, foster carers, child protection workers, teachers and senior education and support staff.

**HOBART** - 13/6/13 - 14/6/13

Hobart Function and Conference Centre, Hobart

Register here: <https://secure.childhood.org.au/SeminarDetail?sid=b972abea-13d3-4886-bfde-84b1673314e8>

Jai Friend

*Clinical Family Therapist/Social Worker*

**Clare House Child and Adolescent Mental Health Service**

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## What is Bullying?

**TasCOSS Healthy Workplace Culture Series, hosted by the TasCOSS Sector Development Unit.**

This interactive workshop will provide participants with a comprehensive overview of workplace bullying.

There will be a strong emphasis on understanding and defining workplace bullying, being clear on employee rights and responsibilities, and understanding what appropriate respectful workplace behaviour is. [Download the flier by clicking here.](#)

Presented by Caroline Dean Training, Coaching and Consultancy.

Download the registration form by [clicking here](#).

Key topics to be covered:

- Legislation and legal compliance
- Natural justice rights and principles
- The 3 R's - respect, rights & responsibilities
- Professional workplace conduct
- Misconceptions of bullying
- Understanding the compliance process
- Danger zones & risk factors, and
- What is not bullying

**Cost:** TasCOSS members \$60.00 Full rate \$90.00

For more information contact Dale Rahmanovic,

**Phone:** 03 6231 0755

**Email:** [dale@tascoss.org.au](mailto:dale@tascoss.org.au)

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## ATOD Clients & Trauma Training

**Results from the ATDC workforce survey have indicated a strong need for training in working with ATOD clients who have experienced trauma.**

We have the following scheduled:

	Hobart	Launceston	Burnie
<b>Crying on the inside:</b> How to help AOD clients who have experienced trauma	3rd June 9am - 5pm	5th June 9am - 5pm	6th June 9am - 5pm

Click on the dates for more details and the link to register and pay by credit card.

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## Working with Offenders 2013 Winter School

**21st June 2013** - Hobart & Online

**This UTAS unit (2nd/3rd year) is designed to introduce students to the issues and processes associated with working with offenders.**

For more information [click here](#).

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## 2013 Australasian FASD Conference: call for abstracts now open

The Australasian Fetal Alcohol Spectrum Disorders Conference will take place on 19 to 20 November, 2013.

The Conference will be held at the Royal Brisbane and Royal Women's Education Centre, Royal Brisbane and Women's Hospital, QLD.

The [call for abstracts](#) is now open and will close on 21 June 2013.

Sponsorship and Exhibition packages are available upon request. Please contact Janine Turnbull via email at [events@phaa.net.au](mailto:events@phaa.net.au) or call 02 62852373.

More information about the conference is available on the [Public Health Association of Australia's website](#).

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## Reflective Practice Training & Assessment

Expand your knowledge and skills to better evaluate your own work, continue self development and participate in effective supervision within your ethical frameworks.

This training and assessment is heavily subsidised as a Skill Set by the Skills Fund and covers the skills and knowledge defined in the nationally recognised unit of competence CHCORG428A: Reflect on and improve your own professional practice.

	Hobart	Devonport
Reflective Practice	26 June 2013 9am - 4:30pm	22 May 9am - 4:30pm

Click on the locations for the link to more information and the expression of interest form.

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## Cross Cultural Awareness Training Sessions - 19 April & 31 May

Cross Cultural Awareness Training aims to raise awareness and knowledge of the needs and experiences of people from diverse linguistic and cultural backgrounds and to develop the cross cultural skills of training participants.

A light lunch, morning and afternoon tea will be provided. Please advise of any special dietary requirements on the registration form.

Register by emailing [reception@mrchobart.org.au](mailto:reception@mrchobart.org.au) or by phoning (03) 6221 0999

**Cost:** \$95 (ex GST) Non-refundable

## Registration closing dates:

11 April for 19 April session

22 May for 31 May session

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## Financial Literacy Training - Colony 47 - FLE Skill Set Accredited

**4 DAY WORKSHOP: Providing Tasmanian community sector service providers with the tools to assist clients requiring basic financial literacy education.**

### Key outcomes:

- Identify clients needing financial literacy education
- Provide clients with fundamental literacy skills, such as using a budget
- Educate clients to understand debt and consumer credit

### Topics covered:

- What is financial money management?
- Identify own values
- Professional practice and boundaries
- Target financial literacy education to client needs
- Social structure and the role of power and money
- Budgets
- Credit
- Debt

Queenstown	Hobart	Launceston	Devonport
22 May / 6 June 24 July / 29 August	20 May / 4 June 27 August/ 24 September	19 June / 6 August 26 September/ 15 October	17 June / 8 August 9 September / 17 October

### To register

Visit [www.surveymonkey.com/s/Colony47](http://www.surveymonkey.com/s/Colony47)

Phone: 03 6222 1530 or email [admin@colony47.com.au](mailto:admin@colony47.com.au)

Upon successful completion of these accredited units a statement of attainment will be issued for CHCFLE301A, CHCFLE302A & CHCFLE303A

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## Financial Literacy Education - Colony 47 - One Day Workshops

**Money Conversations ONE-DAY WORKSHOP**

**Providing Tasmanian community sector service providers with the tools to assist clients requiring**

basic financial literacy education.

### Key outcomes

- Methods for educating individuals and communities about money
- Identify behaviors required for successful money management
- Identify barriers and obstacles for clients/communities

### Topics covered

- What is financial literacy
- Broaching the topic of money with clients
- Financial services and how they can help
- Referral process

### Location & Dates (9:30am to 4:30pm)

Smithton	8 May	11 September
Nubeena	16 April	3 June
Scottsdale	10 May	14 October
New Norfolk	15 April	26 August
Huonville	18 April	23 September
Queenstown	6 May	23 July

### To register

Visit [www.surveymonkey.com/s/Colony47](http://www.surveymonkey.com/s/Colony47)

Phone: 03 6222 1530 or email [admin@colony47.com.au](mailto:admin@colony47.com.au)

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## Resources

### ADF - Naloxone Fact Sheet

In 2008, 500 Australians between the ages of 15 and 54 died from conditions related to opioid use, and experts believe these numbers are increasing. Opioid overdose is treated with Naloxone Hydrochloride, more commonly known by its trade name Narcan®.

Narcan® is regularly used by paramedics and emergency department staff, but Australian and international experts suggest that if friends or family members of the person who had overdosed were trained to administer the drug immediately, the number of fatal heroin overdoses could be reduced. The first official Australian peer-administered naloxone trial was launched in the ACT in 2011, and so far has been very successful.

To find out more, read the latest Australian Drug Foundation fact sheet 'Naloxone' at:

<http://www.druginfo.adf.org.au/fact-sheets/naloxone>

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## Did You See That Report?

### Measuring mental health in criminology research : lessons from the Drug Use Monitoring in Australia program by Lubica Forsythe

Australian Institute of Criminology, February 2013

Describes and discusses the process and challenges inherent in measuring mental health concerns among alleged offenders in police custody. This is, in part, informed by the author's experience as the Site Manager responsible for DUMA data collection in New South Wales from 1999–2010. Her role included evaluating and improving the mental health information collected as part of the DUMA program.

[Click here to download the report](#)

From the NDSIS Web Site: [Click here to visit](#)

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