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Alcohol, Tobacco & other
Drugs Council Tas Inc.

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August Bulletin

1 August 2014

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From the CEO's Desk

From the Acting CEO - August 2014

Once again the month seems to have flown by, but perhaps that's because Jann took a couple of weeks off for some rest and recreation, leaving me at the helm!

At this time of year it seems natural to be reflecting on the past year as we compile our annual reports for funders and members alike. In addition to reporting we've also been busy developing our next strategic plan to map out our organisational and sector directions for the years to come and to ensure that we continue to remain relevant and provide high-quality services. We intend to launch our strategic plan at our AGM later this year.

Once again it's been a month with a high level of media attention on our work and the impact that certain drugs have on our society. I fielded a number of enquiries from local and interstate journalists wanting to report on the impact of methamphetamines – particularly on regional communities.

During the month the ATDC advertised a new 12-month position, the Promotion, Prevention and Early Intervention Project Officer. I'm excited that the State Department of Health and Human Services has funded this role to support the planning and implementation work around the PPEI Strategic Framework that was released back in 2013. We'll be working closely with the Drug Education Network to support this work and I'll keep you posted about this once we recruit someone and about the activities that follow.

During the month we were busily preparing two applications for various grants that were available under the newly developed Australian Government Department of Social Services. If we're fortunate enough to be successful these programs would see us working closely with member and stakeholder organisations to build the capacity of the sector to support people in need.

Regards
David

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Consumer Engagement

Annual Consumer Engagement Forum

The Annual Consumer Engagement Program Forum was held on the 24 July and received fantastic feedback from those involved.

This year, a working party of consumers developed the forum which explored unity and direction for current consumer groups. The forum included a presentation and input from the Australian Injecting Drug User League (AIVL) and was concluded with a workshop in which Tasmanian Users Health & Support League and the Advocacy Tasmania's Consumer Reference Group developed a strategy aimed at working collaboratively to achieve their goals.

Similar aims of the two groups were identified as; being meaningfully involved in sector development, reducing stigma and discrimination and increasing the well-being of their peers.

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Sector Update

News from Risdon Prison - Drug BUSTED!

Sadly the national Drug Action Week was defunded BUT why not do it anyway!

On Tuesday 8 July, a BBQ was held at Risdon Prison Minimum facility to encourage inmates to be **Drug BUSTED!** The Programs team in the prison are committed to assisting the inmates to reduce the harmful effects of Alcohol and Other Drug use and achieve motivation to make constructive changes for their futures. It was fantastic to see so many enjoy the event and beyond that begin to discuss the issues that are important to them.

The event was sponsored by The Salvation Army and Holyoake who are invested in assisting inmates pre-release and then offering further services when released. Both of these agencies are willing to further sponsor this event and if you are aware of other agencies who would like to come on board please contact the person named below. External services are welcome and Alcohol and Drug Services (South) also attended and provided a crazy activity. It is a great opportunity for referral and networking.

Activities included Beer Goggle soccer (world cup style), Beer Goggle handball (Collingwood style) and Balloon Busting (very loud!). Inmates left with full tummies, pamphlets and prizes and the follow up comments are evidence the event has stuck in their mind. This is the fourth year the event has been held and we look forward to the next metamorphosis.

For further information contact:

Tom Clarke Programs Risdon Prison on 03 6216 8125.

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Organisational Change

"There is nothing permanent except change." Heraclitus

The speed and magnitude of change seems ever increasing and to remain relevant and viable, organisations need to respond to, embrace and implement appropriate change.

Organisational change that is not well planned and managed can result in less than optimal results and extra work for management.

To introduce change effectively requires:

- Thinking it through
- A Shared Vision
- Communicating
- Addressing People's Concerns
- Developing the Action Plan
- Creating a Climate of Certainty
- Monitoring Progress

Read more by [clicking here](#).

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Study of Effectiveness of Police Drug Diversion for Cannabis Use

Been busted by the police for a cannabis use / possession offence in the last 3-9 months?

Given a charge or caution?

We want to hear from you!

The National Drug and Alcohol Research Centre at the University of New South Wales (UNSW) is conducting a study looking at the effectiveness of Australian police drug diversion for cannabis use/possession offenders. Specifically we seek to compare the outcomes and costs of police diversion (and of different types of police diversion) versus a traditional criminal justice response (criminal charge) for anyone who has been detected for a cannabis use/possession offence.

If you live in Australia, are aged 17+ and have been detected by police for a cannabis use/possession offence in the last 3-9 months we would like you to take part in an online survey. To participate go to:

www.cannabisdiversionsurvey.com.au

The survey is anonymous and will take only 15-20 minutes. You will be eligible to win a \$200 music voucher as compensation for your time.

If you would like more information contact Marian at UNSW: (02) 8936 1215 or

m.shanahan@unsw.edu.au This study has received ethics approval: HREC Ref: # HC1420

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International Overdose Awareness Day

Prevention training is the key to reduce overdose

International Overdose Awareness Day on August 31 is the day to promote the value of these prevention programs, to build the community's knowledge, to tell the story that naloxone saves lives. Through marking the day we can let the broader community know the value of learning how to recognise and respond to an overdose.

Each event for the day, no matter how modest in scale, raises awareness and can help save lives. For ideas on holding an event visit the International Overdose Awareness Day website at

<http://www.overdoseday.com/events/event-tips/>.

Wearing the silver badge shows you support overdose prevention and remembrance. Badges can be ordered at www.overdoseday.com

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Regional ATDC Member Meetings - August 2014

The ATDC is hosting a series of Regional ATDC Member Meeting in August.

These meetings will differ from the previous meetings as we are collaborating with Advocacy Tasmania Inc to conduct consultation sessions in relation to their Position Paper: *The Unintended Consequences of Pharmacotherapy Policy in Tasmania*. The consultation session will occur during the first 90 minutes of the meeting and organisations have been encouraged to bring consumers to this session to gauge the level of support for the recommendations contained in the Position Paper.

A networking break will follow the consultation session. The remainder of the meeting will be dedicated to the usual members only meeting that provides an opportunity to raise any local issues relating to service delivery or policy matters and to ensure that the strategic direction and planning of the ATDC continues to be informed by your views.

Meeting details are below:

- **Devonport**
Monday 18 August 2014, 1:00pm - 4:00pm
Anglicare
- **Launceston**
Tuesday 19 August 2014, 9:30am - 12:30pm
Anglicare, 122 Elizabeth Street.
- **Hobart**
Wednesday 20 August 2014, 9:30am - 12:30pm
The Salvation Army Bridge Centre, 63 - 68 Creek Road, New Town

Places are limited so to enable us to make essential arrangements, could you please:

1. RSVP by Wednesday 13 August to reception@atdc.org.au
2. specify the location you will be attending.
3. provide the names of any guests that are attending the consultation session.

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Name Your Enews - Competition Closing Date Extended!

Our Enews needs a name so by creatively coming up with a catchy name for it you could WIN two movie tickets!

Thank you to the entrants who have already submitted their suggestions.

Simply email your suggestions to communications@atdc.org.au with Competition in the subject line. Entries close 28 August 2014 and the winner of the successful entry will be advised by email as well as mentioned in the next edition.

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ATDC launches New Web Site!

The ATDC has launched its new look web site at www.atdc.org.au

The new site offers easier navigation and is designed to be easily viewable on mobile, tablet and desktop devices.

ATDC CEO, Jann Smith, has welcomed the update. "This redesign will allow us to present our key messages in a far more effective way, and I'd like to thank the team for working so hard to get it online," she said.

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Pathways Gala Dinner, Hobart, 23 August 2014

Pathways Tasmania is holding a gala dinner on Saturday 23 August, from 6.30pm, at the C3 Convention Centre, South Hobart. Cost: \$150 a head or \$1500 a table. There will be live and silent auctions and other opportunities to give.

Click here to find out more.

Or call the Pathways Office on 6224 3090 or email liane@pathwaystas.org.au

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Out of the Shadows and into the Light Lifeline Walk

Join Lifeline on World Suicide Prevention Day to walk Out of the Shadows and into the Light.

Show your support and commitment to preventing suicide and remember those lost to suicide by joining us on our walk.

Date: Friday, 12 September 2014

Time: 5.45am

Place: Hobart Cenotaph

For more info www.outoftheshadows.org.au

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Consumer Engagement Workshop with Dr Tere Dawson

Representatives from around twenty health organisations took a break from their busy roles on 17 July to attend a very informative and thought provoking Consumer Engagement workshop hosted by Tascoss, ATCD, NDS and the Mental Health Council of Tasmania.

The speaker, Tere Dawson, is a senior Project Officer in the Consumer Participation Capacity Development Sector of the Victorian Health Issues Centre and runs the only two nationally accredited courses on Consumer Engagement in the country.

Consumer Engagement is a term that we are hearing more and more in the health sector, but what does it actually mean? By consumer we could mean people who use our services, clients, families or other stakeholders. Engagement can mean participation, involvement or collaboration, in some organisations it may be meaningful, in others tokenistic. The key here is to involve our consumers right from the beginning, in deciding which terminology and definitions to use.

Some in the health sector are still resistant to the idea of Consumer Engagement, it is a process that takes time and effort. However, studies have shown that when people and families are involved in the decision making process and policies around their own treatment they achieve better health outcomes. Consumer Engagement is a Human Right; in our increasingly cost centred health sector it is important that we maintain a human rights based approach to health.

Our final task was to brainstorm specific projects within our organisations, in which we could include meaningful consumer engagement; this really helped to put theory into practice. We look forward to seeing

some of those projects come to fruition. It is important that we take consumer engagement from the periphery and make it central to what we do.

A big thanks to all who attended and helped to organise the event, particularly Dale who did a great job as tea lady and arranging the catering. As a student who does not know where my next meal is coming from, I was able to consume a whole weeks' worth of food.

Below are some useful links to content that we discussed and some videos that gave examples of where consumer engagement been a success internationally. Enjoy.

Article by Tik Curnow, UTAS Social Work Student on Placement.

Useful Consumer Engagement Resources

- **New Zealand. Health Quality and Safety Commission. 2012. [Guide for developing a Consumer Experience Framework.](#)**
- **New Zealand. Health Quality and Safety Commission. 2012. [Tool Kit consumer experience](#)**
- **Cancer Australia. 2012. [Consumer involvement toolkit.](#)**
- **South Western Sydney Local District Health. 2012. [Consumer and Community Participation Framework.](#)**
- **Benevolent Society. 2013. [Working with Older Aboriginal and Torres Strait Islander people. Research to Practice briefing 8. \[and other resources\]](#)**

Videos

- **[Methods for Participation- The participation Compass](#)**
- **[Canadian Resources Hub with video clips](#)**
- **[PINK Safety in Hospitals. Imperial College. London.](#)**

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Phone app offers support on alcohol, anxiety, depression, relationships and other issues

OzHelp Tasmania has a new phone app designed as a health and wellbeing (including mental health) information and help-seeking tool.

Although designed to work with the OzHelp Tasmania training packages offered to the building and construction industry, the Skills Institute, and workplaces as negotiated with OzHelp Tasmania, it can be used as a standalone.

[Download for iPhone](#)

[Download for Android](#)

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Upcoming Training, Events & Conferences

ATDC Research Symposium - 2 September 2014

The symposium, to be held in Hobart, is an opportunity for university students at all levels, and others who are undertaking research in a field related to alcohol, tobacco and other drugs (ATOD), to showcase the progress of their work and their findings to date.

[Click here for more information](#) about submitting an expression of interest in presenting, or call Lynne or Amanda on 03 6231 5002.

[Click here](#) to register.

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One Subsidised Place Left for Management Training

There is one remaining subsidised place for either:

Diploma of Management; or

Certificate IV in Frontline Management

Click on the qualification title above for more details.

These qualifications are 80% funded by the Skills Fund, so it's an ideal opportunity to gain valuable skills and nationally recognised qualifications at a heavily discounted price.

Contact lynnem@atdc.org.au for more information

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Consumer Engagement and Adaptive Leadership Workshops

The ATDC is partnering with TasCOSS, NDS and MHCT to deliver workshops focused on Consumer Engagement and Adaptive Leadership in August.

ATDC Members: \$95 per person

Register online for the Consumer Engagement workshop by clicking on your preferred location.

- [Burnie](#)
- [Launceston](#)
- [Hobart](#)

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Using a Dialectical Behaviour Therapy Approach to Counselling AOD Clients

Details: Nationally recognised training and assessment with Louise Dewis delivering the training and TasTAFE undertaking the assessment.

Venue: Hobart

Date: 20 August 2014

Cost: \$160.00 (payable to TasTAFE upon receipt of invoice)

Further information: [Please click here](#)

Registration: Complete the registration form as directed [by clicking here](#).

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Using a Motivational Interviewing Approach to Counselling AOD Clients

Details: Nationally recognised training and assessment with Louise Dewis delivering the

training and TasTAFE undertaking the assessment.

Venue: South **Hobart**
Date: 17 September 2014
Venue: North West **Devonport**
Date: 3 September 2014
Cost: \$160.00 (payable to TasTAFE upon receipt of invoice)
Further information: Read more by clicking here: [Hobart](#); [Devonport](#).

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The ABC of BOC: Working with Older Adults with Complex Care Needs Who Display Behaviours of Concern

Details: A full day session
Venue: Hobart
Date: 22 August 2014
Cost: \$250.00 inc GST
Who: Professionals working with older adults with complex needs including drug and alcohol, dementia care, aged care, brain injury, homelessness or disability etc.
Registration: Complete the registration form by [clicking here](#).

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Good Health. Good Business National Conference

Details: Actions ideas and evidence to support leading healthier, safer, high performing workplaces
Venue: Hotel Grand Chancellor, Hobart
Date: August 21 - 22, 2014
Cost: One day \$80.00; 2 days \$150.00
Who: Team leaders and manager
Further information: [Read more by clicking here.](#)

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Best Behaviours Workshop

Details: The Brain Injury Association of Tasmania presents a workshop by one of the world's leading practitioners of Positive Behaviour Support in brain injury and autism., US neurobehaviour specialist, Dr Tim Feeney.
Venue: South **Hobart**
Date: 18 August 2014
Cost: \$180.00
Further information: Read more by [clicking here](#).

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Building Resilient Workers Workshop

- Details:** One day workshop with Martine Langoulant
- Venue: South** **Hobart**
- Date:** 19 August 2014
- Venue: North** **Launceston**
- Date:** 23 October 2014
- Further information:** Read more by clicking here: [Hobart](#); [Launceston](#)

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Bridges Out of Poverty - Two Day Workshop

- Details:** **An approach for practitioners and organisations working with people from generational poverty.**
- Tasmania Medicare Local (TML) is coordinating a series of workshops as part of its Social Determinants of Health initiative. These workshops will equip practitioners with practical tools to assist Tasmanians affected by generational poverty.
- Venue:** The Tramsheds Function Centre, 4 Invermay Road, Inveresk.
- Dates:** **Day One** - Wednesday 17 September 2014, 9:00am - 5:00pm
Day Two - Wednesday 24 September 2014, 9:00am - 5:00pm
NB: Attendance of days 1 & 2 is essential.
- Cost:** \$100.00 for the Workshop series
- Further information:** please contact Vicki Eather at veather@tasmedicarelocal.com.au or phone (03) 6425 0800.

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Advanced Supervisory Practice - Maintaining Quality in Supervision

- Details:** Two day workshop with Amovita Consulting
- Venue: South** **Hobart**
- Date:** 29 - 30 September 2014
- Venue: North** **Launceston**
- Date:** 22 - 23 September 2014
- Further information:** Read more by [clicking here](#).

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Invigorating Your Professional Supervisory Practice

- Details:** One day workshop with Amovita Consulting
- Venue:** Launceston
- Date:** 25 September 2014

Further information: Read more by [clicking here](#).

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Integrating the PASE Model of Supervision

Details: One day workshop with Amovita Consulting

Venue: Hobart

Date: 2 October 2014

Further information: Read more by [clicking here](#).

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ATCA Conference 2014

Crowne Plaza, Coogee Beach, NSW

13 - 17 October 2014

Find out more by [clicking here](#).

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2014 APSAD Conference - Times They Are a Changin'

Adelaide Convention Centre

9 - 12 November 2014

Find out more by [clicking here](#).

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Grants

Tasmanian Community Fund Grant Round 29

Grant Round 29 of the Tasmanian Community Fund will open on 2 August 2014.

Applications for small grants (up to \$10,000) will close on 10 September 2014. Applications for medium grants (\$10,001 to \$90,000) will close on 24 September 2014.

Click here to apply.

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Myer Innovation Fellowship

An individual grant to enable a vision to progress to the implementation stage during a 9 month period of leave from their employment supported by \$100,000.00

Click here to apply.

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Research and Reports

Australian Institute of Health and Welfare - July 2014

National Drugs Strategy Household Survey (NDSHS) 2013 : Key findings, Canberra: AIHW.

These are the key findings from the NDSHS 2013, which collects information on alcohol and tobacco consumption, and illicit drug use among the general population in Australia. It also surveys people's attitudes and perceptions relating to these drugs.

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Family Drug Support; National Centre for Education and Training on Addiction - 2014

Walking a tightrope. Alcohol and other drug use and violence : A guide for families, Adelaide: NCETA. [PDF: 388KB]

This brochure is a resource for people who have a family member who uses both alcohol and other drugs and experiences violence in their relationships.

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Australian needle and syringe program national data report 2009-2013

Iversen J; Maher L. (June 2014) Australian needle and syringe program national data report 2009-2013, Sydney: The Kirby Institute, University of New South Wales.

The Australian Needle and Syringe Program Survey provides prevalence estimates of HIV and hepatitis C antibodies, as well as monitoring sexual and injecting behaviour among people who inject drugs in Australia. This report presents results for all survey years from 2009 to 2013.

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Harm reduction : Pragmatic strategies for managing high-risk behaviours

Marlatt GA; Larimer ME; Witkiewitz K. (2012) Harm reduction : Pragmatic strategies for managing high-risk behaviours, New York: Guilford Press.

This eBook on harm reduction reviews its principles, strategies and practical applications, as well as exploring the philosophical and policy-related debates surrounding this growing movement.

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