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Alcohol, Tobacco & other
Drugs Council Tas Inc.

Latest news from the ATDC

July Bulletin

8 July 2013

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From the CEO's Desk

July 2013

One thing is for certain, change is inevitable. From the type of drugs being used to the treatments and services being provided, things seldom remain static in the ATOD sector. That is why it has been so interesting over recent weeks to observe the responses to the increased public awareness of emerging synthetic substances in the drug marketplace.

The speed with which many have reverted to traditional solutions and opted to support banning particular substances, whether based upon chemical structure or name, is surprising. Particularly in light of the evidence we have that indicates one banned drug can be replaced almost immediately with something no less risky?

The tendency to fall back on old and simplistic solutions, such as prohibition, is one our sector advocates strongly against as our member organisations know only too well that drug use is best tackled as a health matter, not a law and order issue, and placing our focus upon prevention and treatment is where innovation and change will make a real difference.

Change is also afoot at the ATDC as we farewell Ella Haddad from the role of Policy and Research Officer. Ella has made a great contribution to the Tasmanian ATOD sector leading many consultations with our members on policy matters such as stigma, discrimination, harm reduction, involuntary treatment, youth detention and preventative health care to name a few. We will all miss Ella and wish her well in her new position with the DHHS.

Until next time,

Jann

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Position Vacant: ATDC - Policy & Research Officer

The ATDC is seeking a motivated and enthusiastic person to join its small team to work directly with ATOD community sector organisations and relevant state and national stakeholders.

This position will take a lead role in policy development, analysis and provision of policy advice. It also plays a vital role in consulting and liaising with the ATDC membership and other stakeholders, raising awareness of ATOD issues and advocacy for the sector.

The position is full time and located in Hobart. Remuneration based on the Social, Community, Home Care and Disability Services Industry Award 2010, Level 7, with above award salary and conditions.

If you have an interest in the alcohol, tobacco and other drugs field, this position could be the ideal job for you.

Applications addressing the selection criteria plus your resume should be marked confidential and provided by 5pm Friday 19 July 2013 to:

Jann Smith, Chief Executive Officer
Alcohol, Tobacco and other Drugs Council (Tas) Inc
PO Box 4702 Bathurst Street Post Office, Hobart TAS 7000

or by email to janns@atdc.org.au

Selection criteria can be obtained by following the link here [Policy & Research Officer Jan 2013](#) or by phoning (03) 6231 5002 or emailing reception@atdc.org.au

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Consumer Engagement

Consumer Engagement Forum

The Consumer Engagement Program (CEP) Annual Forum was held at Rydges Hotel on Wednesday the 26th of June. The purpose of the day was to both inform and elicit ideas from ATOD sector staff and consumers about the development of a Tasmanian ATOD Consumer Organisation (CO).

Inspiring presentations highlighting the importance of Consumer Organisations in both the Mental Health and ATOD sector kicked off the day. This was followed by a brief outline of the role of ATOD sector consumer organisations nationally.

Participants were then asked to offer suggestions about the prospective role and function of a Tasmanian ATOD Consumer Organisation and how Community Service Organisations could support their development. Some interesting and valuable ideas were generated and will be shared with the sector via a report outlining the most prominent themes from the forum and how the CEP aims to support progress in this area.

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2013 ATDC Stakeholder Survey

Thank you to everyone who took the time to complete the 2013 ATDC Stakeholder Survey.

We had a fabulous response rate this year and we appreciate the time you took to give us your feedback on our work and your relationship with us as your peak body. We are still busy analysing the results of the survey and will be able to share the results with you in another enews bulletin soon.

Meanwhile, here are a few highlights:

- 133 responses
- 57% from community sector workers
- 83% felt well supported by the ATDC and 77% were very or extremely satisfied with the ATDC's work
- 91% felt ATDC activities were targeted appropriately
- We are performing well against the priorities in the strategic plan
- Policy priorities are Prevention, Promotion and Early Intervention (PPEI) and Correctional Health: drug use and treatment in prison and pre and post release

And the winner of the randomly selected prize of two cinema tickets was Jess White from Anglicare Launceston. Congratulations Jess!

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Sector Update

The Link Youth Health Service Tours & Info Sessions

The Link Youth Health Service provides free health programs and assistance for young people aged 12-25. We work closely with headspace Hobart, part of the National Youth Mental Health Foundation which provides free clinical services for young people.

In-house tours / information sessions are run for community service providers. These sessions can assist staff from community organisations and government agencies to know when to refer to the Link or headspace.

Please click [here to download the flyer](#) for more details.

Please contact the Link with any queries or for bookings by email at jenny@thelink.org.au

Jenny Lea, Community Health Educator (Tuesdays - Thursdays).

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National Drug Law Enforcement Research Fund Environmental Scan of Alcohol Interventions

In order to address public amenity concerns or crime, have you used or do you know about interventions to reduce or control alcohol supply, reduce alcohol demand, or reduce alcohol related harm?

The project involves an initial scan of what is being done across Australia, followed by a literature review and a consultation process to identify the most promising alcohol-related interventions which deserve further attention.

Simply go to https://www.surveymonkey.com/s/alcohol_enviro_scan or contact the researcher if you want to discuss further. The survey only takes a few minutes, though might take a bit more if you have more than a few interventions you want to discuss.

Associate Professor Peter Miller, Principal Research Fellow, School of Psychology, Deakin University.

Email: peter.miller@deakin.edu.au

Phone: 0429 024 844

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Launch of the Prisoner Legal Service 18 July 2013

Australian Lawyers for Human Rights (ALHR) Presents the launch of the Prisoner Legal Service

Thursday 18 July 2013 at 5.30pm

Tasmanian Law Society, 28 Murray Street Hobart Tasmania

Entry via note donation.

Refreshments included.

Several members of the legal community will address attendees in relation to the launch of the Prisoners Legal Service and announcement of an Asylum Seeker Legal Service.

A presentation on the various projects ALHR are working on locally and nationally will also be provided.

RSVP to Adam Gregory: adam.gregory@ogilviejennings.com.au

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“An ounce of prevention is worth a pound of cure”

Grandma’s little sayings were not just old wives’ tales, they were sometimes truly words of wisdom, as is reflected in the Alcohol, Tobacco and Other Drugs Promotion, Prevention and Early Intervention Strategic Framework, 'Everybody’s Business'.

We all know that the cost of ATOD misuse, to our state alone, is estimated in the billions annually.

Everybody's Business identifies that a 2009 USA cost benefit analysis identified an \$18 return for every dollar spent on drug prevention programs. For the mathematically inclined, this is a better ratio than Grandma's idiom suggests!

The upcoming ATDC / TasTAFE* training ATOD Promotion and Prevention scheduled for both Devonport and Hobart, is nationally recognised training delivered in the context of the Tasmanian ATOD PPEI Strategic Framework by Maria Duggan, a trainer with the Drug Education Network, the lead agency for implementation of the ATOD PPEI framework. The training is delivered under the auspices of TasTAFE, which will conduct the assessment for the unit.

**Formerly Skills Institute and Polytechnic*

This workshop is suitable for everyone who works in the ATOD sector.

Devonport 24 July 2013 9:00am – 4:30pm

Hobart 14 August 2013 9:00am – 4:30pm

Cost: \$64.10

Why attend?

- Learn to identify and select appropriate ATOD promotion and prevention strategies for different communities and target audiences
- Refine your planning and liaison skills for ATOD promotion and prevention activities
- Learn the elements that will ensure the success of your promotion and prevention activities
- Produce more informative and relevant reports on your activities
- Achieve one unit towards the Diploma of Community Services (Alcohol, Other Drugs and Mental Health)

[Click here for the registration form.](#)

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Upcoming Training, Events & Conferences

ATDC Training: The Drugs/Crime cycle: Insight from Research and Practice

Date: 26 July 2013

Time: 11:00am – 1:00 pm

Location: Hobart, with video-conference links

A panel presentation which aims to:

- increase understanding of best practice collaboration in working with offenders with substance misuse issues,
- increase understanding of justice programs and the role of community organisations,
- increase knowledge of the requirements of working with the justice systems, and
- explore some of the boundaries of the worker / client relationship when working with offenders with substance misuse issues.

[For more information and to register, click here](#)

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ATDC Training: Addressing Family Domestic Violence in AOD Settings – Information Session and Resource Launch

Caroline Long from Odyssey House Victoria will be introducing the new 'Can I Ask' resource developed by NCETA (National Centre for Education and Training on Addiction) and Odyssey House. Her presentation will include the following:

- **Why:** Why the focus on family violence for AOD workers?
- **What:** Highlights of 'Can I Ask' & other resources
- **How:** Suggestions on implementing 'Can I Ask' in your service

Monday 26 August 2013, 11am – 1pm Followed by light lunch Merino Room, The Old Woolstore, Hobart

Tuesday 27 August 2013, 9am – 11am Followed by morning tea Devonport Entertainment Centre, Devonport

Registration now open via EventBrite - <http://fdvaod.eventbrite.com.au/>

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Professional Honours in Human Services Practice: A collaborative development with UTas

The School of Social Sciences, Faculty of Arts at UTAS is introducing this new program, commencing soon.

It offers:

- a strong practical focus and HECS fee waiver for those enrolling in August 2013 and completing within the allotted time;
- a flexible structure including workshop and online delivery
- a part time program for up to 3 years
- 2013 electives include motivational interviewing, supervision and case management related topics

Click [here](#) for more information and contact details and [here](#) for the informative course brochure.

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No More Butts - Free Training day

Counsellor/Facilitator Free Training Day - 6 CPE points: Assisting people to move forward to a smoke-free lifestyle.

Gain the knowledge, confidence and practical skills to provide more effective one-to-one counselling for your clients and/or facilitate a **No More Butts** group independently within your area.

Topics covered include:

- Background on smoking, understanding nicotine addiction and withdrawal, quitting options
- Pharmacotherapies to aid quitting
- Identifying and extinguishing cues
- Relapse prevention and ongoing community support options

Where: Rural Clinical School Burnie - Multi-purpose B

Time: 9:00am – 4:00pm

Date: 25 July 2013

For more information and registrations contact Lynne Wickham:

P: 6426 5406

M: 0400 285 204

lynne.wickham@dhhs.tas.gov.au

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Program Now Live: International Conference of Attachment and Trauma Informed Practice

Program now available on the website!

The Journey to Recovery Conference program is now available online!

Click here to view the program or alternatively please visit the conference website at <http://atip.com.au/>

To register for the Conference in 2013, please **click here**.

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Upcoming Conferences

2013 National Drug Trends Conference - Contemporary Drugs in Australia

Highs and lows of contemporary drugs in Australia: Emerging Psychoactive Substances, pharmaceutical opioids and other drugs.

Tuesday 15 October 2013.

State Library of Victoria, Conference Centre, Melbourne

Read More

Turning Point Symposium 2013: Partnership and Innovation

Wednesday 14 August 2013, 9.30am - 3.30pm

Royal Society of Victoria - 8 Latrobe St, Melbourne

Program to be announced shortly. For more information, please contact Marion Brophy from Turning Point Alcohol & Drug Centre on (03) 8413 8434 or via MarionB@turningpoint.org.au

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Grants

TASMANIAN COMMUNITY FUND - Grant Round 27

Grant Round 27 of the Tasmanian Community Fund will open on 24 August 2013.

Applications for small grants (up to \$10,000) will close on 2 October 2013. Applications for medium grants (\$10,001 to \$90,000) will close on 16 October 2013.

Click here for further information

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New Resources

DEN Value Cards Launched

The Drug Education Network has now launched its DEN Value Cards.

The cards have been a successful component of its ATOD education and training program and are a highly adaptable tool. They have been used for individual ATOD reflection and education in schools, prisons and services, as well as professional and organisational values clarification in workplaces. The cards are for sale as individual sets or as a boxed set of 9 which includes a Value Cards Manual full of exercises.

Join the online launch at www.valuecards.com.au

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Know Your Standard Drinks

The Drug Education Network would like to encourage everyone to check their resources and ensure the information on standard drinks which was upgraded in 2009 is current.

For healthy men and women, drinking no more than two standard drinks on any day reduces the lifetime risk of harm from alcohol-related disease or injury

We have seen a number of new and older resources which are using the old data of 4 drinks for men which is no longer recommended and could have serious health implications.

If anyone requires assistance to upgrade resources, please contact DEN on 6211 2350.

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Reducing Stigma and Discrimination Relating to Alcohol and other Drugs Launch

The Social Inclusion Action Research Group (SIARG) launched *Reducing Stigma and Discrimination Relating to Alcohol and other Drugs* in WA at The Salvation Army's Bridge House on Tuesday 18 June 2013.

Drug and Alcohol Office Executive Director Neil Guard, WANADA CEO Jill Rundle, and WA Substance Users' Association Executive Officer Louise Grant spoke at the launch, joined by Equal Opportunity Commissioner Yvonne Henderson and Health Consumers' Council of WA Acting Executive Officer Mitch Messer.

[Download your copy of Reducing Stigma and Discrimination Relating to Alcohol and other Drug Use in Western Australia](#)

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Drug Action Week Youtube videos from WANADA

WANADA asked eight WA AOD workers about their work - the challenges and the rewards - for Drug Action Week, with the aim of promoting careers in the alcohol and other drug sector and the work of AOD agencies.

To watch the interviews on Youtube, please [click here to visit the WANADA web site](#).

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New Resources & Information

Count The Costs (June 2013) **The alternative World Drug Report: Counting the costs of the war on drugs, London: Count The Costs.**

An alternative view of the data presented in the UN's World Drug Report, examining some of the unintentional social costs of the war on drugs.

Foundation for Alcohol Research and Education (FARE) (March 2013) **10 years on: An analysis of the progress made in prevention alcohol-related harms since the 2003 NSW Summit on Alcohol Abuse, Canberra:** Foundation for Alcohol Research and Education (FARE).

10 years on from the 2003 NSW Summit on Alcohol Abuse, this report demonstrates that the recommendations and actions following the Summit had little impact in achieving the Summit's long-term goals.

New South Wales Parliament Legislative Assembly (May 2013) **Provision of alcohol to minors: Discussion paper, Sydney:** NSW Parliament Legislative Assembly.

This paper discusses the appropriateness of the current law regarding the provision of alcohol to minors in NSW, as well as examining the experiences of other jurisdictions.

NDARC - Alcohol and the Developing Brain, Hallucinogens and Ice Resources

The NDARC Education Trust (NET) is a separate arm of the National Drug and Alcohol Research Centre (NDARC) that provides education, resources and training to a variety of audiences. Drawing on NDARC's vast expertise in the field, NET has developed and distributed a large number of resources.

New resources are available:

- **HALLUCINOGENS:** an updated resource examining various hallucinogenic drugs and their effects.
- **ALCOHOL & THE DEVELOPING BRAIN:** a landmark new resource informed by cutting-edge research at NDARC exploring the use of alcohol on adolescent brain development.
- **ON ICE:** an updated resource providing information on the harms associated with use of the crystalline form of methamphetamine.

These resources, and many more, can be viewed online or ordered in a hardcopy format via the NET website: <http://neteducate.org/index.php?p=2>

Caring for People with Borderline Personality Disorder: A Reference Guide for Health Professionals has been developed to summarise the key information from the Guideline in a user-friendly format.

Electronic copies of both the guideline and reference guide are available from:

<http://www.nhmrc.gov.au/guidelines/publications/mh25>

These documents are also available on the NHMRC Clinical Guidelines Portal

www.clinicalguidelines.gov.au

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Did You See That Report?

June Update

'*Did you see that report?*' is a monthly listing of recently released Australian reports, research and other items of interest to the AOD sector which are available online. This is a service provided by the Alcohol and other Drugs Council of Australia (ADCA).

To view June reports you may have missed please [click here](#) to go to the reports.



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