**MI Tune-Up Registration**

**Please fill in the registration form and email to** [**gail.friswell@ths.tas.gov.au**](mailto:gail.friswell@ths.tas.gov.au) **. Once your place is confirmed I will let you know by email. Numbers are limited due to COVID19 restrictions.**

**About you**

|  |  |  |  |
| --- | --- | --- | --- |
| Name | Email | Phone number | Organisation |
|  |  |  |  |

**Training session preferred – all sessions 9-4:30 (delete as required):**

South – Glenorchy Thursday 11/2/21

North – Launceston Friday 19/2/21

North West – Ulverstone Friday 26/2/21

**What Motivational Interviewing training have you completed?**

|  |  |  |  |
| --- | --- | --- | --- |
| **Name of course** | **Trainer** | **Duration in hours** | **Year** |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**Introductory MI training often covers these topics**

* MI Spirit – partnership, acceptance, compassion, evocation
* Core skills – open questions, affirm, reflection, summary, give information/advice
* Processes of MI – engage, focus, evoke, plan
* Change and sustain talk – recognition and ways to respond to both

**What elements of MI do you feel need tuning up?** It may be some of the above. It might also include avoiding righting reflex…simple and complex reflection…something else you have noticed?

**Write 5 focus areas you’d like to have in the workshop** and the top 5 total will be looked at.

1.

2.

3.

4.

5.